



Code of Conduct for Coaches, Instructors & Sports Volunteers

Together We Can Do is committed providing an environment in which members have a safe and enjoyable experience whilst also ensuring the highest ideals of sport. The competency and behaviour of coaches, tutors and sports volunteers along with the atmosphere in which the sessions are conducted can significantly affect this environment. The National Coaching Foundation's Code of Practice for Sports Coaches provides an ethical framework for coaches and has been adopted by a number of governing bodies. The framework is based upon four fundamental principles of

- **Rights** - the rights of every individual to participate in sport and physical activity must be respected and championed
- **Relationships** – the relationship with participants (and others) must be on openness, honesty, mutual trust and respect.
- **Personal Responsibility**– the correct personal behavior and conduct should always be shown
- **Professional Standards** - an appropriate level of competence through qualifications must be attained and skills and training must be kept up to date.

It is also vital that our members are protected from potential harm and that appropriate health and safety controls are implemented. In line with the above you are asked to confirm that you will

Rights	Always treat everyone with respect.
	Not discriminate on the grounds of gender, marital status, race, color, disability, sexual identity, age, occupation, religious beliefs or political opinion.
	Not allow any type of discrimination to go unchallenged.
	Not publicly criticize or verbally put down others.
	Be discreet in any conversations about participants, coaches or any other individuals.
	Communicate with and provide feedback to participants in a way that reflects respect and care.
Relationships	Refrain from any behaviors that could be construed as abuse (physical, sexual, emotional, neglect, bullying).
	Advance the well-being and best interests of their participants
	Avoid sexual intimacy with their charges, either while coaching them or immediately after the coaching relationship ends.
	Do something if they are worried about the behavior of an adult towards a child or vulnerable adult.
	Encourage participants to be responsible for their own decisions.
	Clarify the nature of the coaching / services being offered
	Exchange ideas and work with other organisations and individuals in the best interests of participants.
Personal Responsibilities	Operate within the rules and spirit of their sport.
	Educate participants the dangers of using performance-enhancing drugs in sport and cooperate fully with UK Anti-Doping, UK Sport and governing body policies.
	Maintain the same level of interest and support when a participant is sick or injured.
	Refrain from smoking, drinking alcohol or using recreational drugs before or while coaching.
	Show control, respect, dignity and professionalism to all involved in your sport.



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Professional standards	Ensure a safe environment by assessing and minimising possible risks and promoting safe and correct practice
	Maintain a level of professionalism and take responsibility for your actions
	Commit to providing a good service to the members' you coach / support.
	Promote the wider benefits of sport and activity to the health, well-being and education of youngsters and to society as a whole.
	Share knowledge and ideas with others, and work with other agencies and professionals.
Protection from Harm	Make the welfare of members paramount, even when the rights and needs of the adults that work with them are overridden in order to provide for their protection.
	Treat all information of a personal nature as confidential, except in circumstances where to do so will allow the member to be placed at risk of harm or continue to be at risk of harm.
	Adhere to the charity's Safeguarding Policy and Procedures.
	Attend Safeguarding training appropriate to my role.
Health and Safety	Show a reasonable Duty of Care towards the members you are coaching, supervising or supporting
	Ensure that the equipment and facilities are safe to use and that any defects are reported.
	Ensure that the equipment, rules, training and the environment are appropriate for the age and ability of the individuals taking part

COACH / INSTRUCTOR / VOLUNTEER

WITNESSED BY

SIGNED:

SIGNED:

PRINT NAME:

NAME:

DATE:

DATE: